



MaineHealth Dept. of Psychiatry Grand Rounds

March 10, 2026

“Coordinated Specialty Care (CSC) for First Episode Psychosis”

8:00 am – 9:00 am

VIRTUAL ONLY

Presented by:

Sarah Lynch, LCSW
PIER/Resilience Program Manager

Barbara Bowman, LCSW
PIER Clinician

Amy Mayhew, MD
Psychiatrist, MHBH Pediatrics

Liisa Sloat, CRC
PIER Education/Employment
Specialist/Supervisor

Elias Peirce, BA, CIPSS
Peer Services Supervisor

Mary C. Ross
Team Lead, MHRT-C, Clinical Case
Manager II

At the conclusion of this activity, participants will be able to:

- Describe how Coordinated Specialty Care model uses an evidence-based and recovery-oriented approach
- Discuss specific strategies in family and client engagement through the lens of critical team roles: Peer Support, Employment/Education Specialist, Case Manager, Clinician, Family Clinician and Psychiatrist
- Identify lessons learned in balancing structured, measurement-based treatment with flexible client-centered care



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